

# PILATES TIMETABLE

2019

(A) Tahnia (B) Kim

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7.00am – 7.45am <b>Group (A)</b>	7.00am – 7.45am <b>Group (A)</b>	7.00am – 7.45am <b>Group (B)</b>	7.00am – 7.45am <b>Group (A)</b>	7.00am – 7.45am <b>Group (A)</b>	7.00am-7.45am <b>Group (B)</b>
8.00am – 8.45am <b>Group (A)</b>	8.00am – 8.45am <b>Group (A)</b>	8.00am – 8.45am <b>Group (B)</b>	8.00am – 08.45am <b>Group (A)</b>	8.00am – 8.45am <b>Group (A)</b>	8.00am – 8.45am <b>Group (B)</b>
9.00am – 9.45am <b>Group (A)</b>	9.00am – 9.45am <b>Group (A)</b>	9.00am –9.45am <b>Group (B)</b>	9.00am – 09.45am <b>Group (A)</b>	9.00am – 9.45am <b>Group (A)</b>	9.00am – 9.45am <b>Group (B)</b>
10.15am – 11.00am <b>Group (A)</b>	10.15am – 11.00am <b>Group (A)</b>	10.15am – 11.00am <b>Group (B)</b>	10.15am – 11.00am <b>Group (B)</b>	10.15am – 11.00am <b>Group (A)</b>	10.00am – 10.45am <b>Group (B)</b>
11.15am – 12 noon <b>Group (A)</b>		11.15am – 12 noon <b>Group (B)</b>		11.15am – 12.00 noon <b>Group (A)</b>	11.00am – 11.45am <b>Group (B)</b>
					12.15pm – 1pm <b>Group (B)</b>
1.15pm – 2.00pm <b>Group (A)</b>	1.15pm – 2.00pm <b>Group (A)</b>	1.15pm – 2.00pm <b>Group (B)</b>	1.15pm – 2.00pm <b>Group (B)</b>	1.15pm – 2.00pm <b>Group (A)</b>	1.15pm-2pm <b>Group (B)</b>
2.15pm – 3.00pm <b>Group (A)</b>	2.15pm – 3.00pm <b>Group (A)</b>	2.15pm – 3.00pm <b>Group (B)</b>	2.15pm – 3.00pm <b>Group (B)</b>	2.15pm – 3.00pm <b>Group (A)</b>	
				3.15pm-4.00pm <b>Group (A)</b>	
4.15pm – 5.00pm <b>Group (A)</b>	4.15pm -5.00pm <b>Group (A)</b>	4.15pm -5.00pm <b>Group (B)</b>	4.15pm – 5.00pm <b>Group (B)</b>	4.15pm – 5.00pm <b>Group (A)</b>	
5.15pm – 6.00pm <b>Group (A)</b>	5.15pm – 6.00pm <b>Group (A)</b>	5.15pm – 6.00pm <b>Group (B)</b>	5.15pm – 6.00pm <b>Group (B)</b>		
6.15pm – 7.00pm <b>Group (A)</b>	6.15pm – 7.00pm <b>Group (A)</b>	6.15pm – 7.00pm <b>Group (B)</b>	6.15pm – 7.00pm <b>Group (B)</b>		